

“WANT TO BE HAPPY? HOW FOOD CHOICES MATTER”

A PRESENTATION BY

**LAURELEE BLANCHARD &
BARRY SULTANOFF, M.D.**



In this presentation Laurelee Blanchard and Barry Sultanoff, M.D., will give practical tips for transitioning toward a healthy diet free of animal products. They will also share interesting stories about the farm sanctuary and describe the healing effects animals have on people. Leilani Farm Sanctuary is a non-profit organization dedicated to providing shelter to rescued animals and humane education to the community. Located in Haiku, Leilani Farm Sanctuary comprises eight acres and is home to goats, chickens, donkeys, cats, and rabbits.

**THURSDAY, MAR. 18, 7 P.M.
KAUNOA SENIOR CENTER
401 ALAKAPA PL., PAIA**

Talks are structured for adult-level audiences. We are not able to provide a playroom for children at this time.



Vegetarian Society of Hawaii

Join Us!

For more info: 298-8544 or Laurelee@MauiResidences.com

L aurelee Blanchard founded Leilani Farm Sanctuary, a non-profit 501(c)(3) organization, to provide shelter to rescued animals and humane education to the community. The sanctuary offers special programs to youth groups and gives tours of the sanctuary to the general public. Laurelee also serves as a Director of the Vegetarian Society of Hawaii.

Barry Sultanoff, M.D., a board member of Leilani Farm Sanctuary and vegan marathoner, received his medical degree from the University of Rochester, with an undergraduate degree from Cornell University. Dr. Sultanoff is the co-author of *Putting out the Fire of Addiction*. He runs, swims, paddles, practices yoga, and plays Japanese taiko drums. He also hosts a popular radio show on Mana'o Radio, FM 91.5, on Wednesdays from 6 to 10 a.m.

**FREE
Admission**