

COMBATING COMMON DISEASES WITH PLANTS

A PRESENTATION BY

MICHAEL GREGER, M.D.



Dr. Greger has scoured the world's scholarly literature on clinical nutrition and developed this brand-new presentation on the latest in cutting-edge research. In Dr. Greger's annual nutrition review last year he went through the list of the 15 leading causes of death, exploring the role diet may play in preventing, arresting, and even reversing our top 15 killers. This year Dr. Greger will run through the top dozen reasons people visit doctors to highlight some of the latest research on how a healthy diet can affect some of the most common medical conditions.

**TUESDAY, JUNE 10, 7 P.M.
ALA WAI GOLF COURSE CLUBHOUSE**

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(0.2 MI. BEHIND THE WAIKIKI-KAPAHULU LIBRARY -
ACROSS FROM THE CHEVRON STATION)

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640 'ULUKAHIKI STREET**

MONDAY, JUNE 9, 5-6:30 P.M.—VEGAN DINE-OUT
WITH DR. GREGER — \$10, ALL-VEGAN BUFFET AT THE BISTRO!
TO RSVP: CALL 944-8344 OR EMAIL INFO@VSH.ORG

MONDAY, JUNE 9, 7 P.M.—FREE PUBLIC LECTURE
REGISTER AT [HTTP://CASTLEMED.ORG](http://CASTLEMED.ORG) OR CALL (808)263-5400.

TUESDAY, JUNE 10, 12:30-1:30 P.M.—CME LECTURE
FOR PHYSICIANS AND OTHER CLINICAL PROFESSIONALS
FREE, FOR CME INFO, CALL 263-5382

Maui — Dr. Greger will also be speaking on Thursday, June 12, at 7 p.m., at Cameron Center, 95 Mahalani St., Wailuku.



Vegetarian Society of Hawaii

Join Us!

For more info call 944-VEGI (8344) or visit www.VSH.org

**FREE Admission
& Refreshments**

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